## MICHAEL J SUNDINE MD FACS FAAP SUNDINE CENTER FOR PLASTIC SURGERY

1525 Superior Ave Suite 208 Newport Beach CA 92663 www.drsundine.com

Minor Post Procedure Instructions:

- 1. Keep area clean and dry. If there is a dressing/tape/bandaid in place, keep in place until next office visit. If needed, you may add additional gauze/bandaid on top of dressing. Should the edges curl up, please trim edges with a small scissor, like a cuticula scissor. Do not remove dressing.
- 2. If there is no dressing/bandaid : Apply triple antibiotic ointment (Bacitracin or Neosporin ) to area two times daily.
- 3. Do not submerge in water for two weeks. You may shower but avoid water directly onto wound. Shower from the chest down only.
- 4. Expect some swelling and redness for the next day or two. Notify the office for any sudden large increase in swelling or increase in pain, drainage or bleeding from area.
- 5. You may apply ice intermittently to reduce discomfort and aid in swelling.
- 6. Apply ice for only 20 minute increments at a time, per hour.
- 7. Call the office with any questions or concerns: 949-706-3100
- 8. Call the office to schedule a follow up appointment, if needed: 949-706-3100