

MICHAEL J SUNDINE MD FACS FAAP

BOARD CERTIFIED PLASTIC SURGEON

949-706-3100

www.dr Sundine.com

Irvine-Newport Beach-Beverly Hills

GENERAL POST OPERATIVE INSTRUCTIONS:

Medication that you have received during surgery may have significant effects after discharge from the facility, therefore, on the day of surgery: You must arrive to the surgery center with a responsible adult who can drive you home, as well as stay with you for the first 24 hours after surgery:

1. Please follow all instructions for diet, activity and bathing instructions that were discussed with you by Dr. Sundine and the nurse at your pre surgical review consultation. Please call the office for clarification or review or for any questions you might have: 949-706-3100.
2. Pain: You have been given a prescription for pain medication, and perhaps one for antibiotics. Please be sure to have those filled at the pharmacy, prior to your surgery date. Begin first dose when you get home from the surgery center, and then follow the directions on the label. If this medication does not provide adequate relief, please call Dr. Sundine 949-706-3100. Keep dressings dry and clean and in place. Do NOT remove any dressing, tapes, sutures, gauze pads, or anything else. Please call office with concerns regarding dressings/bandages/etc.
3. Do Not submerge in water, follow recommended instructions as given. Please call the office for any and all clarifications: 949-706-3100.
4. Call Dr. Sundine if:
 - you have any questions
 - Temperature is 101 degrees or above
 - Increased bleeding, swelling or pain
 - Signs of infection –redness, foul odor or purulent drainage.
5. Follow up appointment: Please call the office to confirm your date and time of your post op consultation that was made at the pre operative consultation. 949-706-3100
6. You may also find pre operative, day of surgery, and post operative instruction information on surgery center website.

And post operative procedure instructions at the website: **www.dr Sundine.com**.

If you feel that you have a medical emergency, call 911.