MICHAEL J. SUNDINE, M.D., F.A.C.S.

AESTHETIC PLASTIC SURGERY

Certified By The American Board of Plastic Surgery

REVISION CLEFT LIP REPAIR AFTER CARE INSTRUCTIONS

You should eat a soft mechanical diet. Avoid spicy or acidic foods as this may cause you some discomfort.

You may gently brush your teeth. Rinse your mouth out with salt water four (4) times daily. Stir a teaspoon of salt into a glass of warm water to rinse out your mouth.

You will be given a prescription for pain and antibiotics. Take the antibiotics until they are completed. Use the pain medication as needed for discomfort.

Apply bacitracin ointment to the lip suture lines four times daily.

At one week postoperatively from the lip repair you will return to the office for removal of the sutures.

Continue the bacitracin ointment to the suture line four (4) times daily for another week.

At two weeks postoperatively from the initial lip repair you will return to the office for a postoperative follow up visit. You will be instructed on how to perform massage of the lip scars at that time.

*Call our office if you have any questions, if any problems should arise, or if you have been having any signs or symptoms of infection (redness, fever, drainage). 949-706-3100 (Newport Beach Office)