

**CLEFT LIP REPAIR
AFTER CARE INSTRUCTIONS**

You may feed your child normally-ie. using a cross-cut nipple, Haberman feeder, pigeon nipple, etc.

You will be given a prescription for Tylenol® with codeine elixir for pain. You may use this medication every six hours as needed for pain. You may also use plain children's Tylenol® liquid for pain.

Apply bacitracin ointment to the lip suture lines four times daily.

Keep the "No-No's" in place at all times for three (3) weeks following the operation. The "No-No's" may be removed for bathing.

Keep the nostril retainers in place at all times for six (6) months following the operation. The purpose of the nostril retainers is to try to keep the cleft side nostril open during the early wound healing period.

The nostril retainer may become occluded with nasal crusts. The nostril retainer may be removed and cleaned using a Q-tip and some tap water. Replace the nostril retainer into the nose and hold in place with paper tape or ½" Steri-strips with holes punched out for the nostrils (use a standard paper hole punch).

At one week postoperatively from the lip repair your child will return to the operating room for removal of the lip sutures under anesthesia. **REMEMBER TO NOT FEED THE CHILD FOR 8 HOURS PRIOR TO THE SUTURE REMOVAL!!!**

Continue the bacitracin ointment to the suture line four (4) times daily for another week.

At two weeks postoperatively from the initial lip repair you will return to the office for a postoperative follow up visit. You will be instructed on how to perform massage of the lip scars at that time.

*Call our office if you have any questions, if any problems should arise, or if you have been having any signs or symptoms of infection (redness, fever, drainage). 949-706-3100 (Newport Beach Office)