

BEFORE MY SURGERY GENERAL INSTRUCTIONS AND INFORMATION:

PLEASE ARRIVE TO THE MAIN ADMISSION DESK AT THE HOSPITAL/ SURGERY CENTER-ONE HOUR PRIOR TO SURGERY START TIME. YOU WILL NEED TO ARRIVE AT THE ADMISSION DESK, AND THE ADMISSION REPRESENTATIVES WILL CHECK YOU IN.

Prior to your procedure:

You will receive a call from a representative at the Pre Admission Business Office who will review your insurance coverage, and any out of pocket costs and subsequent financial responsibilities to the Hospital/ Surgery Center. Upon your admission to the Hospital. They will provide a written explanation of these responsibilities. Please do not hesitate to ask for clarification of any financial information provided to you.

If you will be having a surgical procedure:

A member of the nursing staff will contact you prior to your surgery date to verify your appointment time and arrival, review your health history, discuss pre-operative preparation instructions and answer any questions you may have. Patients scheduled for non-surgical procedures are not routinely called in advance of the procedure.

To prevent delay or cancellation on the day of surgery please adhere to the following guidelines:

Food and Drink:

Please do not eat or drink anything 8 HOURS PRIOR TO SURGERY START TIME.

Alcohol:

Do not drink alcohol for at least 48 hours prior to your arrival time. DO NOT SMOKE.

Makeup, Nail Polish, Jewelry (including body piercing jewelry):

Please remove all of these items prior to your arrival at the Center.

Clothing

Wear loose, casual, comfortable clothing to fit over any surgical dressings.

Valuables

We ask you to leave jewelry or other valuables at home on the day of your procedure except for your government issued I.D. and insurance card(s), and any co-pay or deductible amounts discussed during your conversation with our financial counselor.

Notify the Center & Your Surgeon if:

- You have an elevated temperature, cough, cold, vomiting or diarrhea between your last visit to the surgeon and the day of your surgery.
- You suspect you may be pregnant.
- You are taking: diet pills, aspirin, anti inflammatory medication, acutane, ibuprofen, fish oils, anti coagulants, Ozempic or weight loss drugs of any kind, or certain herbal medications. You may need to stop taking these 1-2 weeks before your surgery. You can discuss this with your surgeon.

On the day of your surgery:

- **Please arrive at the surgery center one hour prior to your scheduled surgery time unless instructed otherwise by the pre-op nurse.**
- **Please bring your government issued I.D. and insurance card(s) and any co-pay or deductible amounts discussed during your conversation with our financial counselor.**
- **Please make arrangements in advance to have a responsible adult drive you home from the surgery center.** If you will be sedated or receive anesthesia during your visit, we cannot allow you to drive yourself home or take public transportation or taxis.

BEFORE MY SURGERY GENERAL INSTRUCTIONS AND INFORMATION: PAGE 2

- **Please plan to have a responsible adult stay with you at home after your surgery and throughout the night.** This is a requirement of the facility and your surgery may have to be canceled if no arrangements for care have been made.

• Legal Guardian

A legal guardian must be in the center AT ALL TIMES if the patient is a child or a dependent adult.

• Care of Children

If you are the patient and have young children at home, please plan to have someone else care for them for at least the first 24 hours following your surgery or procedure.

• **Interpreter** – If the patient cannot read, speak English or use sign language, an interpreter is required. If you need assistance arranging for an interpreter, please contact the facility registration department as early as possible.