

MICHAEL J. SUNDINE, M.D., F.A.C.S.
AESTHETIC PLASTIC SURGERY
Certified By The American Board of Plastic Surgery

CLEFT PALATE REPAIR AFTER CARE INSTRUCTIONS

You may feed your child normally-*ie.* using a cross-cut nipple, Haberman feeder, pigeon nipple, etc. You may need to feed the child initially using a syringe.

The child may eat breast milk, formula, or Stage 1 baby food only for six weeks.

You may want to give the child a bottle or sippy cup of water to cleanse the palate. This will prevent the child from having bad breath.

You will be given a prescription for Tylenol® with codeine elixir for pain. You may use this medication every six hours as needed for pain. You may also use plain children's Tylenol® liquid for pain.

Keep the "No-No's" in place at all times for three (3) weeks following the operation. The "No-No's" may be removed for bathing.

Plan for a postoperative visit at 2 weeks postoperative.

*Call our office if you have any questions, if any problems should arise, or if you have been having any signs or symptoms of infection (redness, fever, drainage). 949-706-3100 (Newport Beach Office)